



## CFS 295 - CA Preschool Foundations & Frameworks: Physical Development Course Outline

Approval Date: 05/12/2022

Effective Date: 08/12/2022

### SECTION A

**Unique ID Number** CCC000632746

**Discipline(s)** EarlyChildhood Education

**Division** Career Education and Workforce Development

**Subject Area** Child Family Studies

**Subject Code** CFS

**Course Number** 295

**Course Title** CA Preschool Foundations & Frameworks: Physical Development

**TOP Code/SAM Code** 1305.00 - Child Development\* / C - Occupational

**Rationale for adding this course to the curriculum** Dev. to meet exigent circumstances for TK in school districts and the requirement for early education class and the projection that 10000 teachers will need the classes.

**Units** 1

**Cross List** N/A

**Typical Course Weeks** 6

**Total Instructional Hours**

#### Contact Hours

**Lecture** 18.00

**Lab** 0.00

**Activity** 0.00

**Work Experience** 0.00

**Outside of Class Hours** 36.00

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**Total Contact Hours** 18

**Total Student Hours** 54

**Open Entry/Open Exit** No

**Maximum Enrollment** 20

**Grading Option** Letter Grade or P/NP

**Distance Education** On-Campus  
**Mode of Instruction** Hybrid  
Entirely Online

## SECTION B

### General Education Information:

## SECTION C

### Course Description

**Repeatability** May be repeated 0 times

**Catalog Description** Introduction to the physical development domain of the California Preschool Learning Foundations and Frameworks including strands of fundamental movement skills, perceptual-motor skills and movement concepts, and active physical play. Provides practical strategies for implementing the curriculum frameworks developed for this domain. Applicable to required, or professional development, units for Child Development Permit holders, pre-school, transitional kindergarten, and early-primary teachers.

### Schedule Description

## SECTION D

### Condition on Enrollment

- 1a. **Prerequisite(s):** *None*
- 1b. **Corequisite(s):** *None*
- 1c. **Recommended:** *None*
- 1d. **Limitation on Enrollment:** *None*

## SECTION E

### Course Outline Information

#### 1. Student Learning Outcomes:

- A. Explain the roles of the California Preschool Learning Foundations and Frameworks in the education of young children and their relationship to the Desired Results Developmental Profile (DRDP), and Content Standards for California Public Schools (kindergarten).
- B. Plan environments and opportunities to support physical development, based on the observation of children in classroom settings.
- C. Articulate the teacher's role in collaborating with families to support children's physical development.

#### 2. Course Objectives: Upon completion of this course, the student will be able to:

- A. Define the roles of the California Preschool Learning Foundations and Frameworks in the education of young children and their relationship to the Desired Results Developmental Profile (DRDP), and Content Standards for California Public Schools (kindergarten).
- B. Use knowledge of the physical development strands to select equipment and materials and plan experiences to promote physical development in individual children.
- C. Share strategies and design ideas for the integration of physical development opportunities across all areas of the curriculum.
- D. Discuss the ways teachers collaborate with parents and other caregivers to support children's physical development.
- E.

### 3. Course Content

#### I. Introduction to the California Preschool Learning Foundations: Physical Development

A. Purpose and use

B. Relationship to the Content Standards for California Public Schools (kindergarten)

C. Relationship to Desired Results Developmental Profile (DRDP)

#### II. Physical development strands

A. Fundamental movement skills

B. Perceptual-Motor skills and movement concepts

C. Active Physical Play

#### III. Implementation of the Foundations and Frameworks

A. Planning based on observation of children's interests, skills and abilities

B. Use of daily experiences and routines as a vehicle to provide diverse opportunities for physical development

C. Objects and materials to promote movement, perceptual motor skills, and active play

D. Integration of physical experiences into all areas of the curriculum

IV. Supporting English language learners in developing physical skills as they concurrently acquire English

V. Partnership with parents and other caregivers in supporting children's physical development

### 4. Methods of Instruction:

**Discussion:**

**Lecture:**

**Projects:**

**Online Adaptation:** Discussion, Lecture

**Explain how the online adaptation of the methods of instruction aligns with the course**

**outcomes:** The online adaptation will specifically address and assess student SLO attainment through discussions and quizzes, and assignments that require application of content. Instructor will be available for questions and feedback.

**2. Methods of Evaluation:** Describe the general types of evaluations for this course and provide at least two, specific examples.

#### **Typical classroom assessment techniques**

Quizzes -- Multiple Choice and Short Answer quizzes on the purpose of, and the content in, the CA Foundations and Frameworks for Physical Development.

Papers --

Projects -- Students will be evaluated on their ability to plan opportunities for physical development through written curriculum proposals.

Letter Grade or P/NP

**3. Assignments:** State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments

Read Chapter 3 Physical Development in the California Learning Foundations, Volume 3.

B. Writing Assignments

Write a paper identifying appropriate activities and equipment or tools based on specific scenarios of individual children.

C. Other Assignments

D.

**4. Required Materials**

**A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.**

Book #1:

Author: California Department of Education  
Title: CA Preschool Learning Foundations, Volume 2  
Publisher: California Department of Education  
Date of Publication: 2010  
Edition:

Book #2:

Author: California Department of Education  
Title: CA Preschool Curriculum Framework, Volume 2  
Publisher: California Department of Education  
Date of Publication: 2011  
Edition:

**B. Other required materials/supplies.**