

DANS-160: DANCE APPRECIATION

Effective Term

Fall 2025

SECTION A - Course Data Elements

CB04 Credit Status

Credit - Degree Applicable

Discipline

Minimum Qualifications	And/Or
Dance (Master's Degree)	

Subject Code

DANS - Dance

Course Number

160

Department

Dance (DANS)

Division

Kinesiology, Athletics & Dance (KAD)

Full Course Title

Dance Appreciation

Short Title

Dance Appreciation

CB03 TOP Code

1008.00 - Dance

CB08 Basic Skills Status

NBS - Not Basic Skills

CB09 SAM Code

E - Non-Occupational

Rationale

Align CLO to PLO

SECTION B - Course Description

Catalog Course Description

This course allows the student to critically analyze and appraise dance as an art form, cultural expression, physical activity, potential profession or academic pursuit (such as Anthropology of Dance). Course will discuss the varying cultural relevance of dance, the role of dance to the individual and its importance in contemporary and historical society.

SECTION C - Conditions on Enrollment

Open Entry/Open Exit

No

Repeatability

Not Repeatable

Grading Options

Letter Grade or Pass/No Pass

Allow Audit

Yes

Requisites**SECTION D - Course Standards****Is this course variable unit?**

No

Units

3.00

Lecture Hours

54.00

Outside of Class Hours

108

Total Contact Hours

54

Total Student Hours

162

Distance Education Approval**Is this course offered through Distance Education?**

Yes

Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Entirely Online	Permanent
Hybrid	Permanent

SECTION E - Course Content**Student Learning Outcomes****Upon satisfactory completion of the course, students will be able to:**

1. Discuss the historical or cultural contribution of dance to society and self.

Course Objectives**Upon satisfactory completion of the course, students will be able to:**

1. Define various reasons to dance:
 - a. dance as a physical fitness activity
 - b. dance as art (dancer)
 - c. dance as art (choreographer)
 - d. dance as a profession (choreographer, dancer, critic, producer, scholar, therapist).
2. Define dance:
 - a. what it means to the individual,
 - b. what it means within contemporary society compared to historic social relevance,
 - c. varying cultural value of dance.
3. Define elements of dance:
 - a. participants-including audience
 - b. choreographic elements
 - c. staging elements and venues.
4. Analyze choreographic content (evaluation of choreography and performance).

Course Content

1. Investigation and discussion of the reasons humans dance.
2. Genres/styles of dance - including but not limited to all Euro-western genres and other ethnic dance forms for comparison.
3. Description/discussion of dance as an art-form.
4. Definition of dancer.
5. Definition of choreographer.
6. Definition of audience.
7. Discussion of dance professions.
8. Varying meaning of dance to individuals.
9. Varying meaning of dance within a society.
10. Varying overall perception or cultural relevance of dance.
11. Choreographic elements involved in the crafting of a dance.
12. Technical or production elements involved in staging a dance.
13. Critical analysis of dance performance.

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Critique	Video viewing or live performance.
Discussion	In-class or online discussion.
Discussion	Recorded or embedded lecture.
Directed Study	Research and report of historical figure in dance or oral critique of dance performance.

Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards
 Chat Rooms
 Discussion Boards
 E-mail Communication
 Telephone Conversations
 Video or Teleconferencing

Student-Initiated Online Contact Types

Chat Rooms
 Discussions
 Group Work

Course design is accessible

Yes

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Exams/Tests	Written midterm Final Exam -- written.
Quizzes	Per each subsection in course content.
Projects	Historical figure in dance.
Essays/Papers	Critiques of dance performances.
Class Participation	Discussion and notetaking.
Homework	Reading, writing, research and attending performance (a viewing of prerecorded performance can be substituted).

Assignments

Reading Assignments

Chapter 6 of Studying Dance on Dance and Culture.

Chapter 2 of The Art of Making Dances on Doris Humphrey's theory on the psychological relevance of the quadrants of stage space.

Writing Assignments

Write a 2–3-page paper defining cultural dance and critically analyze if this definition challenges or supports your own ideas about dance.

Respond to the questionnaire related to Murray Lewis's article "As I See It". Include definitions for the key phrases listed in the article.

Other Assignments

Attend a live dance performance and write a critique.

SECTION F - Textbooks and Instructional Materials

Material Type

Textbook

Author

Kassing, Gayle

Title

Discovering Dance

Edition/Version

2nd

Publisher

Human Kinetics

Year

2025

Rationale

Updated publishing date.

ISBN #

9781718220836

Course Codes (Admin Only)

ASSIST Update

No

CB00 State ID

CCC000564142

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Program Applicable

Allow Pass/No Pass

Yes

Only Pass/No Pass

No