



## **KINE 290 - Golf Team Course Outline**

**Approval Date:** 02/13/2020

**Effective Date:** 08/14/2020

### **SECTION A**

**Unique ID Number** CCC000616747

**Discipline(s)** Coaching  
Health  
Physical Education

**Division** Kinesiology & Athletics

**Subject Area** KINESIOLOGY

**Subject Code** KINE

**Course Number** 290

**Course Title** Golf Team

**TOP Code/SAM Code** 1270.00 - Kinesiology / E - Non-Occupational

**Rationale for adding this course to the curriculum** Changing subject code to KINE.

**Units** 3

**Cross List** N/A

**Typical Course Weeks** 18

### **Total Instructional Hours**

#### **Contact Hours**

**Lecture** 0.00

**Lab** 175.00

**Activity** 0.00

**Work Experience** 0.00

**Outside of Class Hours** 0.00

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**Total Contact Hours** 175

**Total Student Hours** 175

**Open Entry/Open Exit** No

**Maximum Enrollment** 20

**Grading Option** Letter Grade or P/NP

**Distance Education Mode of Instruction** On-Campus

## **SECTION B**

**General Education Information:**

## **SECTION C**

**Course Description**

**Repeatability** May be repeated 3 times

**Catalog Description** This is a course designed for the competitive golfer who will represent Napa Valley College in intercollegiate play. Repeatable for credit three times.

**Schedule Description**

## **SECTION D**

**Condition on Enrollment**

**1a. Prerequisite(s):** *None*

**1b. Corequisite(s):** *None*

**1c. Recommended:** *None*

**1d. Limitation on Enrollment:** *None*

## **SECTION E**

**Course Outline Information**

**1. Student Learning Outcomes:**

A. Students will demonstrate knowledge, skills and strategies required to participate in intercollegiate golf.

**2. Course Objectives:** Upon completion of this course, the student will be able to:

A. Demonstrate good sportsmanship

B. Employ physical skills necessary for competition.

C. Understand and demonstrate mechanics of swing fundamentals with woods, long irons, mid-irons, short irons, putters.

D. Demonstrate knowledge of game strategy

E. Demonstrate ability to critically analyze individual performance

F. Understand rules and regulations governing eligibility and competition and course etiquette

G. Understand and analyze trouble shots and evaluate various solutions

H. Set up a training plan for preseason and season

I. A student is allowed to repeat the course provided that the student, in consultation with the coach, identify and select skills to be improved upon. The student will be introduced to the skill development required for advanced skills. Additionally, the athlete will be expected to reach a higher level of conditioning and performance. Advanced athletes will be expected to develop greater leadership skills and team responsibilities.

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**3. Course Content**

1. Sportsmanship, team leadership and team responsibility

2. Rules and regulations governing eligibility and competition

3. Analysis of stroke mechanics for woods, irons (long, short, mid) putters

4. Swing mechanics and analysis (including stance, grip, swing)

5. Mental preparation for game

6. Game strategy: long game, short game, course analysis
7. Golf course etiquette

#### **4. Methods of Instruction:**

**Lab:** Students will be required to analyze game performance. Students will be required to learn and practice golf strokes: long, short, chip, sand. Students will be required to demonstrate proper sportsmanship and course etiquette.

**Other:** Activity: Students will participate in and compete at golf. Group Drills: Students will do drills to enhance their tactical understanding of golf. Individual Technique Drills: Students will do drills to enhance their personal golf skills. Team Work: Students will prepare in a team setting to compete with other college teams.

**5. Methods of Evaluation:** Describe the general types of evaluations for this course and provide at least two, specific examples.

#### **Typical classroom assessment techniques**

Class Work -- Students will be required to participate in class drills and play analysis.

Students will be required to review film analysis of stroke work. Students will be required to compete within the class and as a member of the intercollegiate team.

Lab Activities -- Students will be required to work on golf shots: drives, chips, putts, sand.

Students will be required to demonstrate proper golf etiquette on the home course as well as visiting courses.

Additional assessment information:

Class Performance: evaluation of individual performance

Lab Activities: participation in competitive events

Class work: at practice

Class work: competitive attitude

Letter Grade or P/NP

**6. Assignments:** State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

##### **A. Reading Assignments**

The student will read from the textbooks and also from the handouts provided from the instructor.

1) Read the chapter on golf etiquette in the USGA Golf Rules Illustrated.

2) Read the rule on what to do on an unplayable lie in the USGA Golf Rules Illustrated.

##### **B. Writing Assignments**

Students will be required to develop practice plan and evaluate their competitive performance. The student will write essays from the handouts provided from the instructor. The student will also analyze his/her performance on video and give a brief synopsis.

1) Read the article on how to fix your problem in Golf the Best Instruction Ever and list the remedies for it.

2) Read the golf drills portion in the Golf the Best Instruction Ever and list the drills.

##### **C. Other Assignments**

-Students will be required to participate in conference and nonconference competitions. Competition may take place on the weekends and outside of scheduled class meetings.

- 1) Play an 18 hole match vs team members.
- 2) Play an 18 hole match vs a conference opponent.

## **7. Required Materials**

### **A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.**

Book #1:

Author: USGA  
Title: Golf Rules Illustrated  
Publisher: USGA  
Date of Publication: 2016  
Edition:

### **B. Other required materials/supplies.**

- Handouts from Total Golf - Golf Digest
- Videos - (7) Lessons from Ledbetter, 1995
- Other handouts from other sources
- The primary resource material for students are handouts prepared by the coach