

# NURS-154: MENTAL HEALTH NURSING CARE

---

Associate Science Nursing Degree Revisions

Course

- NURS-154: Mental Health Nursing Care
- NURS-155: Pediatric Nursing Care
- NURS-251: Community and Acute Medical- Surgical Nursing Care I
- NURS-252: Nursing Care of Patients With Acute Illness II
- NURS-253: Nursing Capstone

## Effective Term

Fall 2025

## CC Approval

12/06/2024

## AS Approval

02/13/2025

## BOT Approval

02/20/2025

## COCI Approval

05/10/2025

## SECTION A - Course Data Elements

### CB04 Credit Status

Credit - Degree Applicable

### Discipline

Minimum Qualifications	And/Or
Nursing (Master's Degree)	Or
Nursing Science/Clinical Practice (Any Degree and Professional Experience)	

### Subject Code

NURS - Nursing

### Course Number

154

### Department

Nursing (NURS)

### Division

Health Occupations (HEOC)

### Full Course Title

Mental Health Nursing Care

### Short Title

Mental Health Nursing Care

### CB03 TOP Code

1230.10 - \*Registered Nursing

### CB08 Basic Skills Status

NBS - Not Basic Skills

### CB09 SAM Code

C - Clearly Occupational

**Rationale**

We are currently at 47 units and need reduction to 41 units as discussed with the BRN representative that the reduction of course hours and units is necessary in anticipation of reduction to the 16-week long semester, other factors were the title 4 possible government reductions in overall program hours, as well as the reduced numbers of students allowed in clinical site placements due to higher rate of new grad trainings and also FT faculty retirements. A lot of feedback from instructors and students about overall nursing course load which currently exceeds 36 unit minimum required by BRN.

**SECTION B - Course Description**

**Catalog Course Description**

This course builds upon previously learned communication skills, with an emphasis on therapeutic communication, group communication, and clinical reasoning. Students will utilize their communication skills and clinical judgment while caring for individual patients with altered mentation, mental illness, or addiction whether they are in the community, group therapy, or in-patient clinical settings.

**SECTION C - Conditions on Enrollment**

**Open Entry/Open Exit**

No

**Repeatability**

Not Repeatable

**Grading Options**

Letter Grade Only

**Allow Audit**

Yes

**Requisites**

**Prerequisite(s)**

Completion of NURS-152 with a minimum grade of C.

**Requisite Justification**

**Requisite Description**

Course in a Sequence

**Subject**

NURS

**Course #**

152

**Level of Scrutiny**

Requisite Established by Statute/Regulation

**Explanation**

BRN states courses must be completed in sequence. Either NURS 154 Mental Health or the obstetrics course (NURS153) may be completed after NURS 152.

---

**SECTION D - Course Standards**

**Is this course variable unit?**

No

**Units**

3.50

**Lecture Hours**

45.00

**Lab Hours**

54.00

**Outside of Class Hours**

90

**Total Contact Hours**

99

**Total Student Hours**

189

**Distance Education Approval****Is this course offered through Distance Education?**

Yes

**Online Delivery Methods**

DE Modalities	Permanent or Emergency Only?
Hybrid	Permanent

**SECTION E - Course Content****Student Learning Outcomes****Upon satisfactory completion of the course, students will be able to:**

1. Apply the nursing process to care for clients experiencing psychosocial alterations.
2. Incorporate legal and ethical principles to provide safe, accountable, patient centered nursing care.
3. Utilize various models of therapeutic communication with clients, including the use of informatics.
4. Utilize theory and evidence-based knowledge to guide nursing practice.
5. Devise patient centered care focused on mental health in collaboration with the interdisciplinary team in a variety of settings.
6. Display professional attitudes and values that demonstrate growth and self-development.

**Course Objectives****Upon satisfactory completion of the course, students will be able to:**

1. Apply the nursing process to care for clients experiencing psychosocial alterations.
2. Incorporate legal and ethical principles to provide safe, accountable, patient centered nursing care.
3. Utilize various models of therapeutic communication with clients, including the use of informatics.
4. Utilize theory and evidence-based knowledge to guide nursing practice.
5. Devise patient centered care focused on mental health in collaboration with the interdisciplinary team in a variety of settings.
6. Display professional attitudes and values that demonstrate growth and self-development.

**Course Content**

1. Major concepts/ topics discussed within this course will include, but is not limited to:
  - a. biological and psychosocial models of mental health / disorders
  - b. legal & ethical issues in mental health: involuntary hospitalization and interdisciplinary teamwork
  - c. continuum of care including partial hospitalization, community, wellness activities
  - d. disease process, diagnosis, and treatment for:
    - i. Depression & Suicide
    - ii. Abuse
    - iii. Bipolar disorders
    - iv. Anxiety disorders
    - v. Schizophrenia
    - vi. Chemical dependence

- vii. Acute ETOH withdrawal
- viii. Eating disorders
- e. Mental illness in specific populations: (child, adolescent, older adults) including dementia, delirium, autism
- f. Acute, chronic mental illness treatment models
- g. Psychopharmacology and relationships between medical and psychiatric disorders
- h. Violence (societal, domestic, relation to psychiatric disorders)
- i. therapeutic communication with individuals and groups.

## Methods of Instruction

### Methods of Instruction

Types	Examples of learning activities
Activity	Small Group Work: Identifying the nursing process, professional practice, standards of care.
Directed Study	Homework assignments including case studies, exemplars, discussion questions, and assigned reading assignments.
Lab	A combination of skills lab, simulation lab, virtual simulation modules, case studies, supervised clinical rotations & online simulated documentation and practice tests.
Lecture	Lecture with time for questions and instructor interaction.
Observation and Demonstration	This is done as part of our lab hours with direct observation by instructors as a requirement for clinical hours.

### Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards  
 Discussion Boards  
 E-mail Communication  
 Telephone Conversations  
 Video or Teleconferencing

### Student-Initiated Online Contact Types

Discussions  
 Group Work

### Course design is accessible

Yes

## Methods of Evaluation

### Methods of Evaluation

Types	Examples of classroom assessments
Exams/Tests	Unit exams and online NCLEX preparation standardized quizzes.
Simulation	Observation and demonstration of nursing skills and scenarios via simulation exercises will be conducted.
Class Participation	In class anonymous quizzing & class discussions.
Homework	Homework required and instructor reviews for class credit or points.
Lab Activities	Skill demonstration evaluation.

## Assignments

### Reading Assignments

Assigned readings from textbook in tandem with lectures and discussions.

### Writing Assignments

Reflective written assignment after attending a meeting for clients with addictive behaviors. Clinical paperwork reviewing pharmacologic and other therapies for a variety of patient/client mental health conditions.

**Other Assignments**

Small group and in class discussions as well as small group post-conference discussions with the clinical group and instructor. Clinical assessments, development of clinical reasoning, demonstration of professional behaviors and professional as well as caring communication in the clinical setting.

**SECTION F - Textbooks and Instructional Materials****Material Type**

Textbook

**Author**

Videbeck, L.S.

**Title**

Psychiatric-mental health nursing

**Edition/Version**

9th edition Philadelphia

**Publisher**

Wolters Kluwer

**Year**

2023

**Rationale**

Part of the 2-year Lippincott Package that includes Virtual Simulation and online quizzing. Integrates fully with Canvas.

**ISBN #**

Online Part of the 2-year Lippincott Package

**Course Codes (Admin Only)****ASSIST Update**

No

**CB10 Cooperative Work Experience Status**

N - Is Not Part of a Cooperative Work Experience Education Program

**CB11 Course Classification Status**

Y - Credit Course

**CB13 Special Class Status**

N - The Course is Not an Approved Special Class

**CB23 Funding Agency Category**

Y - Not Applicable (Funding Not Used)

**CB24 Program Course Status**

Program Applicable

**Allow Pass/No Pass**

No

**Only Pass/No Pass**

No