



PSYC 135 - Human Sexuality Course Outline

Approval Date: 03/11/2021

Effective Date: 08/13/2021

SECTION A

Unique ID Number CCC000333059

Discipline(s) Psychology

Division Social Sciences

Subject Area Psychology

Subject Code PSYC

Course Number 135

Course Title Human Sexuality

TOP Code/SAM Code 2001.00 - Psychology, General / E - Non-Occupational

Rationale for adding this course to the curriculum Updating textbooks and revising examples in the "methods of evaluation" and "assignments" sections only

Units 3

Cross List N/A

Typical Course Weeks 18

Total Instructional Hours

Contact Hours

Lecture 54.00

Lab 0.00

Activity 0.00

Work Experience 0.00

Outside of Class Hours 108.00

Total Contact Hours 54

Total Student Hours 162

Open Entry/Open Exit No

Maximum Enrollment

Grading Option Letter Grade or P/NP

Distance Education Mode of Instruction On-Campus

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 0 times

Catalog Description This course presents a survey of the study of human sexuality from biological, cognitive, emotional, behavioral, and social perspectives. Topics covered include sexual behavior, sexual identity, attraction, gender, sexual anatomy and physiology, and the role of sexuality in cultural and social contexts. This course is intended for adults and involves the presentation of explicit material.

Schedule Description

SECTION D

Condition on Enrollment

1a. Prerequisite(s): *None*

1b. Corequisite(s): *None*

1c. Recommended

- PSYC 120

1d. Limitation on Enrollment: *None*

SECTION E

Course Outline Information

1. Student Learning Outcomes:

- Describe the basic structure and functioning of human sexual anatomy and physiology.
- Analyze theories of and research on gender, love, and attraction.
- Understand the development of sexual behavior, sexual orientation, sexual identity, and sexual problems.

2. Course Objectives: Upon completion of this course, the student will be able to:

- Explain sexual diversity and values of various cultures.
- Evaluate how media influences and reflects sexuality.
- Locate systematic studies of human sexuality.
- Critique changing gender roles in today's society and the impact of these changes in intimate relationships.
- Identify relevant features of human anatomy and physiology in the reproductive processes and the role of the brain and neurotransmitters in sexual arousal.
- Identify factors contributing to relationship satisfaction over time.
- Identify ways couples can share responsibility for birth control.
- Determine physiological and psychosocial factors contributing to sexual dysfunctions and identify treatment alternatives available for men and women who experience sexual difficulties.
- Identify strategies to reduce the likelihood of contracting a sexually transmitted infections.
- Analyze psychosocial bases of rape, childhood sexual abuse, and prostitution.
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3. Course Content

- Sex, Sexuality, and Gender
- Perspectives on Sexuality: Cultural and Social Values
- Sex Research
- Gender Issues

- Female Sexual Anatomy and Physiology
- Male Sexual Anatomy and Physiology
- Sexual Arousal and Response
- Sexual Orientation
- Sexuality Throughout Life-span
- Love, Attraction, Relationships, and Sexual Communication
- Contraception, Conception, and Childbirth
- Sexual Behaviors
- Sexually Transmitted Infections
- Nature and Origins of Sexual Difficulties and Sex Therapy
- Asexual Typical Variations
- Sexual Coercion and Commercial Sex
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4. Methods of Instruction:

Discussion:

Lecture:

5. Methods of Evaluation: Describe the general types of evaluations for this course and provide at least two, specific examples.

Typical classroom assessment techniques

Exams/Tests --

Quizzes --

Papers --

Final Exam --

Mid Term --

Additional assessment information:

1. Objective examination questions

For example:

Which of the following historic sex researchers was the most sex-positive?

- Sigmund Freud
- Henry Havelock Ellis
- Richard von Krafft-Ebing
- Constance Soriano

The idea that sexual orientation develops as a consequence of peer relationships during adolescence is most associated with

- Robert Sternberg
- Daryl Bem
- Mary Cover Jones
- Virginia Johnson

2. Essay examination questions

For example:

a) Analyze the consequences of individualism and collectivism on a culture's view of love and marriage.

b) Compare and contrast current theories about whether sexual orientation is developed primarily through biological factors or primarily through environmental factors.

Letter Grade or P/NP

6. Assignments: State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments

For example:

1. Textbook chapter readings

a) Read chapter 2 of the Crooks & Baur textbook covering research methods in the study of human sexuality

b) Read chapter 6 of the Crooks & Baur textbook covering sexual arousal and response

2. Additional academic articles, book excerpts, and webpage references of the instructor's choosing

a) The U.S. Department of Health and Human Services Office on Women's Health webpages on female genital cutting

b) Readings from Gender Diversity by Serena Nanda

B. Writing Assignments

For example:

1. Critical analysis papers (4 to 8 papers, 1 to 2 pages in length each)

a) Integrate the position of a cultural relativist regarding female genital cutting with the position of a person who believes that cultural relativism should be secondary to the need to protect people from institutionalized forms of violence.

b) Analyze the basic assertions of evolutionary psychology and evaluate whether this theory offers a sound explanation for gender differences in sexual behavior and attraction.

2. Essay examination questions

(See assessment section above for examples)

C. Other Assignments

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7. Required Materials

A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

Book #1:

Author: Crooks, R., Baur, K., & Widman, L

Title: Our Sexuality

Publisher: Cengage

Date of Publication: 2021

Edition: 14th

Book #2:

Author: Herdt, G. & Polen-Petit, N

Title: Human Sexuality: Self, Society, and Culture

Publisher: McGraw-Hill

Date of Publication: 2021

Edition: 2nd

B. Other required materials/supplies.