



PTEC 162 - Mental Disabilities Course Outline

Approval Date: 03/12/2020

Effective Date: 08/14/2020

SECTION A

Unique ID Number CCC000185340

Discipline(s)

Division Health Occupations

Subject Area Psychiatric Technician

Subject Code PTEC

Course Number 162

Course Title Mental Disabilities

TOP Code/SAM Code 1239.00 - Psychiatric/Mental Health Services
Technician* / A - Apprenticeship

**Rationale for adding this course to
the curriculum** Update SLOs and text

Units 17

Cross List N/A

Typical Course Weeks 18

Total Instructional Hours

Contact Hours

Lecture 208.00

Lab 320.00

Activity 0.00

Work Experience 0.00

Outside of Class Hours 416.00

Total Contact Hours 528

Total Student Hours 944

Open Entry/Open Exit No

Maximum Enrollment

Grading Option Letter Grade Only

**Distance Education Mode of
Instruction** On-Campus

SECTION B

General Education Information:

SECTION C

Course Description

Repeatability May be repeated 0 times

Catalog Description The last of three trimesters designed to prepare the student for licensure as a Psychiatric Technician in the State of California. This course will introduce psychological and mental health concepts as they relate to the psychiatric technician profession. The causes, prevention, and treatment of mental, emotional and behavioral disorders will be examined by providing practice in interpersonal skills, self-understanding, problem-solving, communication, and the use of rehabilitative methods in providing patient care.

Schedule Description

SECTION D

Condition on Enrollment

1a. Prerequisite(s)

- PTEC 161

1b. Corequisite(s): *None*

1c. Recommended: *None*

1d. Limitation on Enrollment: *None*

SECTION E

Course Outline Information

1. Student Learning Outcomes:

- Accurately perform and document basic nursing skills, including medication pass without error, basic physical assessments and interventions while prioritizing patient care.
- Ethically advocate for all patients in all settings while assuring patient's rights, privacy, dignity, and confidentiality.
- Effectively participate in a therapeutic environment and communicate in a professional and respectful manner.

2. Course Objectives: Upon completion of this course, the student will be able to:

- Discuss the role of the psychiatric technician in mental health nursing.
- Identify the role and responsibilities of the psychiatric technician in the care and treatment of the psychiatric disorders.
- Describe the past and current trends in the care and treatment of the mentally ill.
- Describe the interrelationships of the biological, psychological, physiological, cultural, and spiritual factors in the causes and treatment of mental illness.
- Demonstrate effective therapeutic communication techniques when interacting with the mentally ill client.
- Apply the nursing process, using holism as a basis in the care of the mentally ill individual.
- Collaborate with the mental health team in the development of an appropriate plan of care for the suicidal client and those with thought, mood, and dissociative disorders.
- Utilizing the nursing process, develop and implement an appropriate plan of care for the suicidal client as well as those with thought, mood, and dissociative disorders based on the identified needs.
- Describe the impact of grief and loss on the mental health of the individual.

- J. Utilizing the nursing process, develop an appropriate plan of care for the client with anxiety disorder based on the identified needs.
- K. Describe the basic principles of Anatomy & Physiology, Pharmacology, and Nutrition as they apply to the mentally ill client.
- L. Demonstrate cultural competence in the interactions with clients and staff.
- M. Describe the impact of culture on treatment of psychiatric patients.
- N. Demonstrate the principles of therapeutic communication when interacting with clients and staff.
- O. Apply the concepts of biological, psychological, sociological, cultural, and spiritual factors that affect the client and family affected by mental disorders, violence, and/or addictive disorders to the care of the mentally disordered client.
- P. Identify the growth & development needs of the client with disorders usually diagnosed in infancy, childhood, or adolescence.
- Q. Discuss the nutritional needs of the client with mental disorders.
- R. Demonstrate appropriate methods of drug administration.
- S. Maintain safe environment for those with mental disorders.
- T. Identify therapeutic modalities and their implications in the care of patients with mental disorders.
- U. Discuss the pharmacological agents used in the treatment of mental disorders.
- V.

3. Course Content

- A. Mental Health: Legislation & History
- B. Nursing Process
- C. Clinical Documentation – Process & Methodology
- D. Interpersonal Relationships
- E. Communications: Verbal & Non-Verbal
- F. Assertive Training
- G. Interviewing, videotaping
- H. One on One Therapy
- I. Group Dynamics
- J. Community Mental Health
- K. Patient's Rights
- L. Theory of Personality Development
- M. Cultural Diversity
- N. Adaptive Mechanisms/Defense Mechanisms
- O. Ourrent DSM Classifications
- P. Vocabulary
- Q. Institutionalization
- R. Therapeutic Modalities
- S. Affective Disorders
- T. Anxiety Disorders
- U. Personality Disorders
- V. Addictive Behaviors & Eating Disorders
- W. Psychosexual Disorders
- X. Human Sexuality
- Y. Forensic Nursing
- Z. Criminal Personality
- AA. Burnout
- BB. Pharmacology
- CC.

4. Methods of Instruction:

Activity: Subject matter relevant activities as appropriate to reinforce lecture material.

Discussion: Case study discussion, scenarios, etc.

Field Experience: Clinical experience at an off-campus setting.

Lecture:

5. Methods of Evaluation: Describe the general types of evaluations for this course and provide at least two, specific examples.

Typical classroom assessment techniques

Exams/Tests -- Multiple choice, essay

Quizzes --

Group Projects --

Class Work --

Additional assessment information:

-Objective Testing: Identify the stages of the Nursing Process; Differentiate between Psychosis and Neurosis

-Observation of Clinical Practice: Develop a one-to-one relationship with assigned patient; Complete a Mental Health Assessment on the Assigned Patient

-Individual Interviews and Counseling: Process recording of one-to-one sessions; Document an Intake Interview with a new patient

-Consultation with Agency Personnel: Staff will give feedback to students in therapeutic modalities; Student will give report to agency personnel

Letter Grade Only

6. Assignments: State the general types of assignments for this course under the following categories and provide at least two specific examples for each section.

A. Reading Assignments

-Preparing for Class Discussion and Application to Patient Care

-Completing assignments related to various age groups requiring psychiatric care

-Journal Articles

B. Writing Assignments

-Filling out modular objectives to prepare for class discussion and application to patient care

-Document Patient Care in Patient's Record

-Process recordings in daily log

C. Other Assignments

-Nursing Care Plans

7. Required Materials

A. EXAMPLES of typical college-level textbooks (for degree-applicable courses) or other print materials.

Book #1:

Author: Wehmeyer, M.

Title: Intellectual & Developmental Disabilities

Publisher: Brookes

Date of Publication: 2017

Edition: 2nd

B. Other required materials/supplies.

- PTEC 162 - Mental Disabilities Syllabus - Staff

