PTEC-92: PRINCIPLES & PRACTICE FOR PSYCHIATRIC TECHNICIANS 2

Effective Term
Fall 2025

CC Approval
03/07/2025

AS Approval
03/13/2025

BOT Approval
03/20/2025

COCI Approval
05/15/2025

SECTION A - Course Data Elements

CB04 Credit Status
Credit - Degree Applicable

Discipline

Minimum Qualifications	And/Or
Psychiatric Technician (Any Degree and Professional Experience)	

Subject Code
PTEC - Psychiatric Technician
Course Number
92

Department
Psychiatric Technician (PTEC)

Division
Health Occupations (HEOC)

Full Course Title
Principles & Practice for Psychiatric Technicians 2

Short Title
Prin & Pract for Psych Tech 2

CB03 TOP Code
1239.00 - *Psychiatric Technician

CB08 Basic Skills Status
NBS - Not Basic Skills

CB09 SAM Code
C - Clearly Occupational

Rationale
Changed from 18 weeks to a 16-week semester course and PTEC regulations changed to comply with the Title IV Federal amendments.

SECTION B - Course Description

Catalog Course Description
A course designed to prepare the student for eligibility for licensure as a Psychiatric Technician in the State of California. Includes Psychopharmacology, Assessment, and Interventions for a Client with Developmental Disabilities, Etiologies, Diseases Associated with Developmental Disabilities through the life span, Teaching and Training using a Developmental Model, Developmental Disabilities, Client's Rights, Tests and Measurements, Normalization, Behavior Modification, Autism, and Case Management.

SECTION C - Conditions on Enrollment

Open Entry/Open Exit
No

Repeatability
Not Repeatable

Grading Options
Letter Grade Only

Allow Audit
Yes

Requisites

Prerequisite(s)
Completion of PTEC-91 with a minimum grade of C.

Requisite Justification

Requisite Description
Course in a Sequence

Subject
PTEC

Course #
91

Level of Scrutiny
Content Review

Upon entering this course, students should be able to:
Ability to identify problems and give total patient care to the patient with physical illness

• Understanding of the fundamentals of nutrition
• Knowledge of clinical nutrition
• Application of nutrition in chronic and acute illness

SECTION D - Course Standards

Is this course variable unit?
No

Units
16.5

Lecture Hours
192

Lab Hours
318

Outside of Class Hours

384

Total Contact Hours

510

Total Student Hours

894

Distance Education Approval

Is this course offered through Distance Education?

Yes

Online Delivery Methods

DE Modalities	Permanent or Emergency Only?
Hybrid	Emergency Only

SECTION E - Course Content

Student Learning Outcomes

	Upon satisfactory completion of the course, students will be able to:
1.	Accurately perform and document basic nursing skills, basic physical and mental assessments and interventions while prioritizing patient care.
2.	Ethically advocate for patients with developmental/physical disabilities, children, adolescents, adults, and older adults, in all settings, assuring patient's rights, privacy, dignity and confidentiality.
3.	Develop leadership and supervision skills by applying leadership theories in the clinical site.
4.	Communicate effectively and clearly (written and verbally) with the populations served, community members, classmates, instructors, and the interdisciplinary team.

Course Objectives

	Upon satisfactory completion of the course, students will be able to:
1.	The student will demonstrate sensitivity and awareness of the various developmental/physical disabilities including sensory, motor, and cognitive impairments.
2.	The student will be able to demonstrate a professional code of ethics and apply learned concepts per facility policy.
3.	The student will be able to maintain effective communication in a multiple disciplinary setting and support a team approach to health care.
4.	The student will advocate for individuals with developmental/physical disabilities in both the community and developmental centers.
5.	The student will apply the principles of behavioral analysis/modification in a safe and therapeutic manner.
6.	The student will recognize the values inherent in client's rights and adhere to the principles of the Lanterman Act.
7.	The student will articulate an understanding of pharmacology concepts and medications specific to population being served.
8.	The student will be able to make sound clinical decisions based on existing care plans, safety, diversity, growth, and development.

Course Content

1. Introduction and Objectives
2. Psychopharmacology
3. Assessment and Intervention with the Client with Developmental Disabilities
4. Etiologies
5. Diseases Associated with Developmental Disabilities
6. Teaching/Training Using a Developmental Model
7. Developmental Disability Clients' Rights
8. Tests and Measurements
9. Normalization
10. Behavior Modification

11. Case Management
12. Sensory Integration
13. Leadership/Supervision
14. Ethics
15. Culturally Congruent Care
16. End-of-life Care
17. Anatomy and Physiology
18. Nutrition
19. Psychology
20. Normal Growth and Development
21. Nursing Process
22. Communication (verbal and written)
23. Nursing Science
24. Gerontological Nursing
25. Patient Education
26. Mental Disorders
27. Critically Thinking

Methods of Instruction

Methods of Instruction

Types	Examples of learning activities
Activity	Group activity, students collaborate to solve simulated patient problem.
Discussion	Students are led in a mediated discussion and review of patient-specific issues.
Field Experience	Clinical experiences at various locations.
Lecture	Instructor relays information on a given subject.
Other	Reading assignment, lecture presentation, group discussion collaborative learning groups, group presentations, study guides, student research and reports, question and answer periods, independent learning, matrices, goal setting, classroom theater, hands-on projects, interactive lecturing, concept mapping, brainstorming , journal writing, problem based learning, A-V materials (films, slides, transparencies, white board, charts, models, audience response system, Internet Research, Internet videos).
Other	Virtual clinical experience via EVOLVE learning platform. Dynamic scenario-based learning for critical thinking and interactive skill building.
Observation and Demonstration	The instructor demonstrates a nursing skill practice- instructor assists students in practicing nursing skill return demonstration-students demonstrate skill for the instructor.
Group Work	Students collaborate in theory to address and understand various patient case studies, disease processes, and pharmacology.

Instructor-Initiated Online Contact Types

Announcements/Bulletin Boards
Discussion Boards
E-mail Communication
Video or Teleconferencing

Student-Initiated Online Contact Types

Chat Rooms
Discussions
Group Work

Course design is accessible

Yes

Methods of Evaluation

Methods of Evaluation

Types	Examples of classroom assessments
Performances	Assessment methods include objective testing, observation of clinical practice, individual interviews, counseling, and consultation with agency personnel. For example, students are observed completing medication passes with 100% accuracy and weekly competency discussions are held with the unit supervisor.
Exams/Tests	Exams are once a week: pharmacology competency exam and weekly quizzes assigned via an educational platform.
Class Participation	Discussions during class on present and past content.
Projects	Collaborative work with case studies and presenting to class.
Skills Demonstration	Spontaneous clinical skills assessment for competency.
Homework	Students are prepared for class, bringing meaningful discussions and class to class.
Lab Activities	Skills performance.
Exams/Tests	Regularly assigned assessment exams pertaining to course content.

Assignments

Reading Assignments
Textbooks
Scholarly Journals
Patient Records
Nursing Policy and Procedure Manual
Evolve, Elsevier, Sherpath, and Shadowhealth

Writing Assignments
Writing Modular objectives
Nursing interventions
Documentation in the patient's record at the clinical site.
Testing
Behavior Modification Plan
Documentation with a collaborative team
Documenting care in patient's record
Writing a sample Interdisciplinary Note (IDN)
Various writing assignments using APA format
Various handouts
Nursing care plans
Solve pharmacology problems and read medication labels
Transcribe doctor's orders
Documentation to communicate with the collaborative treatment team
Documentation of personal experiences

Other Assignments
Reading developmental disability book and answering modular objectives to prepare for class discussion and application to patient care.
Example 1.
Student will be required to take an online psychiatric board practice exam once a week and pass with 75% or better.
Example 2.
Student will add daily entries into a clinical logbook describing patient problems and then add problem solving nursing interventions.
Comprehensive case study/ patient presentation... written and oral
Medication cards
Interactive discussion on Canvas

Virtual clinical experience via Evolve platform. Dynamic scenario-based learning for critical thinking and interactive skills building.

SECTION F - Textbooks and Instructional Materials

Material Type
Textbook

Author
Fieldman, Elias, Blum, Jimenez, and Stancin

Title
Developmental Behavioral Pediatrics

Edition/Version
5th

Publisher
Elsevier

Year
2022

Rationale
Utilizing a book that is specifically designed for students to understand the fundamental concepts of developmental disabilities.

ISBN #
9780323809726

Material Type
Textbook

Author
Ogden

Title
Ogden Calculation of Drug Dosages

Edition/Version
12th ed

Publisher
Elsevier

Rationale
Providing online access to drug dosages online to enhance the student's learning experience.

ISBN #
978032879842

Material Type
Textbook

Author
Visovsky

Title
Introduction to Clinical Pharmacology

Edition/Version
11th

Publisher

Elsevier

Year

2023

Rationale

Providing online access to clinical pharmacology online to enhance the student's learning experience.

ISBN #

9780443268335

Course Codes (Admin Only)

ASSIST Update

No

CB10 Cooperative Work Experience Status

N - Is Not Part of a Cooperative Work Experience Education Program

CB11 Course Classification Status

Y - Credit Course

CB13 Special Class Status

N - The Course is Not an Approved Special Class

CB23 Funding Agency Category

Y - Not Applicable (Funding Not Used)

CB24 Program Course Status

Program Applicable

Allow Pass/No Pass

No

Only Pass/No Pass

No